

### WEEK 3 MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Option 1</b>	Pasta beef bolognaise with garlic bread	Chicken and vegetable pie served with boiled potatoes	Roast chicken in gravy with mashed potato	Burger in a bun served with oven roasted wedges	Fish fillet with a lemon and herb coating served with chips
<b>Option 2</b>	Homemade Cheese pasty or roll with mashed potato (V)	Chilli con carne and rice (V)	Lasagne and crusty bread (V)	Sweet and sour chicken with rice (V)	Wholegrain Tomato and basil pasta bake served with garlic bread
<b>Sides</b>	Selection of seasonal vegetables	Selection of seasonal vegetables	Selection of seasonal vegetables	Selection of seasonal vegetables	Selection of seasonal vegetables
<b>Dessert</b>	Fruit sponge and custard	Rice Pudding	Apple and banana cake	Steamed chocolate sponge and custard	Apple oaty Flapjack

**ALSO AVAILABLE:** \* Jacket potato with a choice of cheese, tuna mayo or simply plain

- Salad Bar
- Sandwiches or Wraps
- Cheese & Crackers
- Fresh Fruit
- Bread
- Fruit Jelly
- Drinking Water and milk



#### Menu Dates

20th Jan 2025	10th Feb 2025
24th March 2025	28th April 2025
19th May 2025	16th June 2025
21st June 2025	15th Sep 2025
20th Oct 2025	17th Oct 2025
8th Dec 2025	

All the menu options are catered for religious and special dietary requirements, please speak to the school to arrange to meet with our team to make the relevant adjustments if your child requires this.