

EAT SMART FOR A HEALTHY START!

WEEK 2 MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Creamy chicken pasta with crusty bread	Homemade Cottage pie	Toad in the hole served with mashed potato	Minced beef and Dumplings served with mashed potato	Battered fish or Fish portion and chips
Option 2	Pizza wrap (V) served with oven roasted wedg- es	Quorn burger In a bun (V)	Meatballs in a tomato sauce with wholegrain pasta served with crusty bread (V)	Curry and rice (V) served with naan bread	Cheese and Tomato crustless Quiche (V)
Sides	Selection of seasonal vegetables	Selection of seasonal vegetables	Selection of seasonal vegetables		Selection of seasonal vegetables
Dessert	Steamed eves pudding and custard	Jam shortbread fingers	Beetroot chocolate brownie	Pear crumble and cus- tard	Homemade biscuits

ALSO AVAILABLE:

* Jacket potato with a choice of cheese, tuna mayo or simply plain

- Fresh salad
- Sandwiches or Wraps
- Cheese & Crackers
- Fresh Fruit
- Sliced Bread
- Fruit Jelly
- Drinking Water and milk

Menu dates

13th Jan 2025 3rd Feb 2025 17th March 2025 7th April 2025 9th June 2025 12th May 2025 14th July 2025 30th June 2025 29th Sept 2025 8th Sept 2025 13th Oct 2025 10th Nov 2025 1st Dec 2025

All the menu options are catered for religious and special dietary requirements, please speak to the school to arrange to meet with our team to make the relevant adjustments if your child requires this.

